MULTIPLIER EVENT

**1.****Mental Health week 2020**

workshops on the topic: How young people cope with problems of a psychological nature in conditions of a pandemic. How young people cope with problems of a psychological nature in the conditions of a pandemic and how they maintain contacts and a positive mood, and on the other hand, how they can help a lonely friend. The importance of problems of a psychological nature gained importance in conditions of self-isolation, illness of loved ones, and even death in many families. But the support that can be offered at such times is invaluable

Iwill share videos on email

2. **Mental Health week 2021**

“**Mental Health in an Unequal World**'.

Since the start of the Covid-19 pandemic, more and more people are talking about mental health. The COVID-19 pandemic has had a major impact on people’s mental health Our school wanted to raise the awareness that you are not alone. Even though we do not have equal opportunities in this world, we have to support eachother and struggle for every life, Every child is important! How do young people cope with isolation? What makes them happy?