MULTIPLIER EVENT

1.**ERASMUS DAYS 2020**

 Celebrating Erasmus+ days through workshops related to culture and art in order to take care of our mental and physical health.Our school promotes Erasmus programmes and opportunities. Our school promotes European values and takes part in Erasmus days.

Erasmus+ days were celebrated by creating videos of students playing various musical instruments on the theme "**Music makes me happy".** Music as a tool/technique to stay in a positive spirit, as a technique/tool to reduce stress and sadness and create mental harmony and balance.

I will share videos and photos

2.**ERASMUS DAYS 2021**

Priority was given to the themes of inclusion, environmental protection, digital transformation and participation in democratic life. During these pandemic times we have to stay positive and healthy. Do not leave anyone behind. The importance of physical activity is also on the agenda after period of isolation and lockdowns.

Photos and videos on email